# Celebration of the 70th Anniversary of the International Theatre Institute ITI & Haikou Theatre Festival

23 to 26 November 2018 / Haikou, Hainan, China

## Workshop Schedule

**Sunday 25 November 2018**

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**Lunch**

12:00 – 14:00
Chinese Xiqu: Kunqu Opera

Lin Weilin, China
Kunqu Opera Artist, Two-time Winner of Chinese Xiqu “Plum Blossom” Award.

Regarded as the “Mother of Chinese Operas”; Kunqu is a 600-year-old theatre art that uniquely blends poetic eloquence, musical refinement and drama. It has deeply influenced all the other forms of Chinese theatre. It was proclaimed by UNESCO as one of the Masterpieces of the Oral and Intangible Heritages of Humanity in 2001.

10:00 – 12:00

Chinese Xiqu: Qinqiang Opera

Qi Aiyun, China
Winner of Chinese Xiqu “Plum Blossom” Award.

Qinqiang traces its roots to ancient local folk songs and dance forms from the Yellow River Valley of Shaanxi and Gansu provinces - the birthplaces of Chinese culture. The opera first appeared in the Qin Dynasty over 2000 years ago, before it flourished in Tang Dynasty. With its long history, Qinqiang is credited as “the forefather of Chinese operas”.

11:00 – 12:00

Chinese Xiqu: Qiongju Opera

Xu Xiaoyin, China
Professor of the Arts College, Hainan University.

Qiongju Opera is a folk opera art originating from Hainan Province, mixed with imported operas such as “puppet opera”, “Zhengzi opera”, “Luwan opera”, “Gaopa opera” and “Chaozhou opera” with local dialects and dances. The opera has a history of over 170 years.

10:00 – 12:00

Method of Mime and Physical Mime

Radim VIZVÁRY, Czech Republic
Pantomime Artist, Author, Director, Choreographer and Educator.

VIZVÁRY’s method of physical mime was created based upon his many years of experience. It is inspired by elementary principles of modern mime, physical theater, contemporary dance, new circus and Botoh dance. It is a necessary foundation for studio work with the body in the field of mime theater. At the same time, it can also open avenues to other theatrical forms.

10:00 – 12:00

Valorisation of Dialogue and Conflict Prevention Through Acting

Hamadou Mandé, Burkina Faso
Director and Professor, Superior School of Theatre Jean-Pierre Guingané.

An interactive workshop designed to get participants to reflect upon and express the behaviours at the source of conflicts and establish a dialogue on this theme. This relevant as we live in a world marked by the recurrence of individual, collective, political, economic, territorial, and religious conflicts which jeopardise the peace and harmony of all. It is therefore important that participants come willing to search for solutions to this most pressing of threats to societies and human relationships.

10:00 – 12:00

Theatre as Call and Response: Performing One Another

Derek Goldman, USA
Professor of Theatre and Performance Studies at Georgetown University.

This workshop will explore highly inclusive, communal, participatory approaches that Professor Goldman and the Lab for Global Performance and Politics have been developing and practicing in settings around the world, as well as pair exercises rooted in interviews and observation-based techniques. Grounded in respectful dialogue and deep listening, the workshop offers techniques for “stepping into the shoes” of one another with openness and empathy, and for crafting performances rooted in these values. No previous experience necessary.

10:00 – 12:00

Moving Bodies to Story

Mbongeni N. Mtsahali, South Africa
Lecturer at the Centre for Theatre, Dance & Performance Studies, University of Cape Town.

This workshop focusses on ensemble physical theatre-making and draws on a combination of movement languages and improvisation techniques as the means for devising and telling stories. Participants will be led through a series of exercises that help them to develop dynamic kinaesthetic awareness and performance ease; to use the “materials in the room” as the basis for generating images and to compose these images into short “proposals” for a longer ensemble physical theatre ensemble work.

10:00 – 12:00

Chinese Calligraphy and Painting

Yin Shuangzeng, China
Former President of Hainan University, Professor.

Calligraphy and painting are regarded as two treasures in China. Chinese calligraphy, or Shufa, the art of writing Chinese characters, boasts a long history. Traditional Chinese Painting is famous all over the world for its original style and distinctive national features.

14:00 – 15:45

Tai-chi

Li Xiu, China
Professor of Physical Education Department, Hainan University.

Tai-chi is an ancient Chinese tradition that, today, is practiced as a graceful form of exercise. It involves a series of movements performed in a slow, focused manner accompanied by deep breathing. Tai-chi is a non-competitive, self-paced system of gentle physical exercise and stretching. Each posture flows into the next without pause, ensuring that your body is in constant motion.

14:00 – 15:45
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Guqin Instrument

XU Fangkai, China
Chairperson, Hainan Guqin Association.

Guqin is a seven-stringed zither without bridges. It is the most classical of Chinese instruments, with over 3000 years of history. It is literally called “qin” yet commonly known as “guqin” (where “gu” stands for ancient). Guqin has the most well-documented history and best-preserved repertoire among all the Chinese musical instruments.

15:45 – 17:30
Hainan Bamboo Pole Dance

ZHOU Linlin, China
Head of Arts Troupe of Hainan University, Vice Dean of Arts College, Hainan University.

The Bamboo Pole Dance is a typical dance of the Li nationality in Hainan Province. It is an immersive group activity, dependent on rhythm and coordination, in which dancers jump and hop between the poles while singing and performing various mimes including knife grinding, sieving grain, capering, bowing, and so on.

15:45 – 17:30
Chinese Tea Ceremony

SUN Xiaoyuan, China
Vice Chairman of Faculty of Humanity and Communication, Hainan University.

Tea was, and remains, a central part of Asian cultures, especially in China where it first originated. Join us in this workshop and discover the wonderful atmosphere of a traditional Chinese tea ceremony to find out what the art of tea drinking really means.